

Surgeon General:

Dear Sir:

FDA
New
Act

I have sent letters to the president,
Senators, Congressmen, Schools etc - But who
has the power to fight Monsanto Chemical Co
in this huge political money machine which
is poisoning all of us?

What can be done to stop this madness!

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FDA replaces safe, natural sweetener, stevia with highly toxic aspartame

By Loretta Weston

Used by South American Indian tribes as a digestive aid as well as a topical wound healer for hundreds of years, stevia, a natural herb non-toxic sweetener which is calorie-free and, in powder concentrate, is 300 times sweeter than sugar, also takes up 41 percent of Japan's sweetener market. Even Japanese Diet Coke was sweetened with stevia until the company decided to "standardize" worldwide and switched it to aspartame.

One of the world's largest tea companies, Celestial Seasonings, used stevia as a flavoring until 1986, when without warning or explanation, the Food and Drug Administration (FDA) seized their stock of stevia and told the company that the herb could not be used in their teas. Although the herb is still used widely and safely in the rest of the world, in 1991, the FDA banned stevia as an "unsafe food additive", allegedly to avoid any competition with aspartame.

Aspartame is a high profit business

In all studies conducted on stevia, there are no reports of adverse side effects. Reports on aspartame read entirely different. Sold by Monsanto Chemical Co. as NutraSweet, Equal, and Spoonful, as well as some newer product names, aspartame is huge business reaping the company an average of a billion dollars annually. This kind of money can buy a lot of bureaucrats. For example, during Reagan's presidency, FDA head Arthur Hayes overruled his own board of inquiry to approve NutraSweet. Hayes later accepted a position with Monsanto's public relations firm. Another public servant, federal attorney Sam Skinner was to prosecute the G.D. Searle Co. [Monsanto acquired Searle, original producer of NutraSweet] for their fraudulent tests used to get aspartame approved. Suddenly Skinner took a position at a law firm which represented Searle's resulting in the case dying when the feds let the statute of limitations run out.

FDA ignores numerous complaints

According to the Center for Disease Control at Johns Hopkins University and the New Jersey School of Medicine, 80-120,000 Americans die each year from prescription drugs that have been approved by the FDA. As OMNI Magazine reported in May '94: "51 percent of FDA approved drugs have serious risks and could cause adverse reactions that lead to severe or permanent disability or death." Eighty percent of all

believes it to be safe and continues feeding this poison to their families.

Multiple sources cite aspartame as culprit

Reported in the May '92 edition of the official U.S. Air Force Magazine, Flying Safety, "In pregnancy the effects of aspartame can be passed directly to the fetus, even in very small doses. People have suffered aspartame-related disorders with doses as small as that carried in a single stick of chewing gum. This could mean a pilot who drinks diet sodas is more susceptible to flicker vertigo or to flicker-induced epileptic activity. It also means that all pilots are potential victims of sudden memory loss, dizziness during instrument flight and gradual loss of vision."

Professor of Pediatrics and Genetics Dr. Louis Elsas of Emory University testified before Congress in 1987: "Aspartame is a well known neurotoxin and teratogen (causes birth defects). In some as yet undefined dose, aspartame will irreversibly, in the developing child or fetal brain, produce adverse effects. The placenta concentrates phenylalanine and this causes mental retardation". In children and adults, phenylalanine lowers the seizure threshold in the brain and blocks serotonin production resulting in depression, rage, and paranoia. Could aspartame poisoning be partly to blame for so many children in the U.S. resorting to violent acts?

Money talks to soft drink industry

According to the National Soft Drink Association (NSDA), at 86 degrees F, aspartame breakdown rapidly takes place converting to methyl alcohol (also known as wood alcohol and specifically toxic to the optic nerve). This breaks down to formaldehyde (deadly embalming fluid), formic acid (a poison excreted by ants), and diketopiperazine (DKP, which causes brain tumors). This happens at 86 degrees and the higher the temperature goes, the more rapid the breakdown. The human body temperature is 98.6 degrees F producing ideal conditions for rapid breakdown upon ingestion. The rapid breaking down of aspartame also speeds absorption as in cases of prolonged storage, use in hot drinks or baked goods.

Ninety-five percent of all U.S. soft drink companies are represented by NSDA which drafted a protest describing aspartame's instability and was printed in the Congressional Record of May 7, 1985. NSDA actually requested that aspartame be outlawed from soda pop!

But, then the jingle of cash registers apparently caused them to forget about their objections as well as their duty of informing the consumer of the fact that aspartame makes you crave carbohydrates, (due to serotonin depletion), actually causing weight gain.

During Operation Desert Storm, truckloads of diet soda were exposed to the Arabian sun and for months this "formaldehyde cocktail" was consumed by healthy American men and women by the thousands. Is it any wonder they came home with Gulf War Syndrome?

Toxic chemical versus natural herb

Aspartame is a patented chemical. Stevia is a non-patentable natural herb. The creator of aspartame, Monsanto, funds the American Diabetes Association, American Dietetic Association, Congress, and the Conference of the American College of Physicians. On November 15, 1996, a New York Times article exposed how the American Dietetic Association takes money from the food industry in exchange for product endorsement.

Aspartame is found in thousands of foods and on every restaurant table because profits are a much higher priority than public health to those we consumers

trust with our very lives. The primary function of the FDA is to be the public watchdog for safety in all food and for public consumption. With documented symptoms related to aspartame poisoning, the FDA's loyalty to Monsanto demonstrates a blatant disregard for the taxpayer and primary duty.

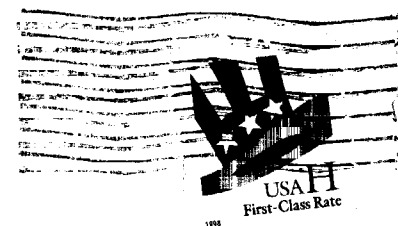
As a consumer, you have the power to stop this poisoning. Take a moment to read labels of all products (if children's vitamins to Jell-O) indicate "sugar free" or "low fat" don't buy any product with aspartame listed. Perhaps the lack of profits is the only way to finally get the FDA to aspartame, as it should have been years ago.

Sources: World Environment Conference and the Multiple Sclerosis Foundation, FDA issuing for Collusion with Monsanto by Nancy Markle.

<http://demOnmac.mgh.harvard.edu/um/LymeDiseaseF/10.27.987.22AM.ertameInfoWar> (information from employee of U.S. Gov't in Health Policy)

Dr. Julian Whitaker's Health Healing newsletter; article "Tomorrow's Medicine Today", December, 1994.

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